



Welcome to Play Topia

Parent Information Pack

Where Play Inspires Every Day!



Welcome Dear Parents!

A warm welcome to the Play Topia Family!



WELCOME LETTER

Dear Parents and Guardians,

We are so happy to welcome you and your precious child to **Play Topia**!

Our greatest joy is watching little hearts grow, little minds learn and little bodies thrive in a safe, loving and caring environment.

At Play Topia, we believe that every child is a unique gift from God and we are honoured to be part of your child's early learning journey.

We will **love, encourage, teach and guide** your child with patience, respect and kindness.

Together, as a team – parents and teachers – we will help your child discover their potential, build confidence, make friends and grow in faith each day.

Thank you for trusting us
with your most precious treasure.

WHAT YOU CAN EXPECT

- ✓ A safe, happy and nurturing environment
- ✓ Play-based learning that **inspires curiosity**
- ✓ Loving teachers who care like family
- ✓ Christian values in everything we do
- ✓ Activities that build skills, confidence and joy
- ✓ Open communication and teamwork

“Train up a **child** in the way he should go, and when he is old he will not depart from it.”

Proverbs 22:6

OUR PROMISE TO YOU

- ♥ We will love your child.
- ♥ We will encourage their growth.
- ♥ We will teach with patience and joy.
- ♥ We will guide them with kindness.
- ♥ We will help them discover who God created them to be.
- ♥ We will partner with you every step of the way.



TOGETHER WE GROW!

- Strong bodies through **movement**
- Bright minds through **learning**
- Creative hearts through **expression**
- Kind characters through **love & respect**
- Faith-filled lives through **Jesus**

We can't wait to see all the amazing things your child will learn and achieve at **Play Topia**!



We are excited for this wonderful journey with you!

Welcome to the Play Topia Family!



OUR MISSION & VISION

At Play Topia, our greatest purpose is to love, nurture and educate every child in a safe, happy and Christian environment.

We want to see your child become everything he or she is capable of!



OUR MISSION

Our mission is to provide a loving, Christ-centred and play-based learning environment where children can:

- Grow in faith, love and confidence
- Develop the skills and values they need for a bright future
- Learn through play, exploration and meaningful experiences
- Build positive relationships and respect for others
- Reach their full potential in every area of development



OUR VISION

Our vision is to see every child:

- Loved, valued and accepted
- Confident, independent and happy
- Curious, creative and eager to learn
- Respectful and kind
- Spiritually grounded and strong in faith
- Well-prepared for school and for life



We believe that every child is a unique gift from God, created with purpose and potential.

We want to see your child become everything he or she is capable of!



PARENT EXPECTATIONS

We believe that strong partnerships with parents help children grow, thrive and succeed.

As partners in your child's learning, we kindly ask that you:



SHOW LOVE AND SUPPORT

- Encourage your child every day.
- Show love, patience and understanding.
- Support their learning and development at home.



ATTENDANCE MATTERS

- Ensure regular and punctual attendance.
- Notify the school if your child will be absent.
- Arrive and collect your child on time.



COMMUNICATE OPENLY

- Keep communication open and respectful.
- Share important information.
- Feel free to speak to us about any concerns or questions.



SUPPORT OUR VALUES

- Support our Christian values and respect the school's policies.
- Reinforce kindness, respect and good manners.
- Work with us to create a positive environment for all children.



GET INVOLVED

- Participate in school activities and events.
- Volunteer when possible.
- Together, we can make a meaningful difference.



Thank you for trusting us with your most precious gift. Together, we will help your child grow in

FAITH • LOVE • LEARNING • PURPOSE

We can't wait to walk this beautiful journey with you!





More Than a School... We Are a Family!

At Play Topia, we create a safe, happy, and nurturing space where children are loved, encouraged and inspired to grow in every way. We believe every child is a unique gift from God, and we are honoured to walk alongside families in their precious little one's journey.

**We play. We learn. We grow.
We do it all with love!** 

WHAT WE OFFER



KINDERKINETICS



Movement, play and fun that builds coordination, balance, confidence and a lifelong love for being active! 



GROSS MOTOR ACTIVITIES



Running, jumping, climbing and more! We help children develop strong bodies, good health and great coordination through active play. 



SENSORY PLAY



Hands-on sensory experiences that spark curiosity, build brains and support emotional well-being in a fun and calming way. 



ELDAS CURRICULUM



We follow the ELDAS Curriculum, focusing on your child's all-round development through play-based, purposeful learning experiences. 



FUN BAKERSMAN FRIDAY



Every Friday is a treat! Little bakers enjoy fun, hands-on baking activities that build skills, confidence and sweet memories. 



FUN FILLED HOLIDAYS



Our holiday programs are filled with excitement, creativity and adventure – keeping children happy, active and learning! 



FAMILY ORIENTATED SCHOOL



We value strong partnerships with our families. Together, we create a loving village that supports each child to thrive and shine. 



RESPECT IS PART OF OUR DAILY ENVIRONMENT



We teach and model kindness, respect and good manners every day, creating a caring and positive space for everyone. 

CHRISTIAN BASED – OUR FOUNDATION

Our school is proudly Christian based and Jesus is at the centre of all we do. We teach children about God's love, His kindness and how valuable they are in His eyes. Through songs, stories, prayer and daily encouragement, we help children grow in faith, love others and shine His light wherever they go.

"Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

Matthew 19:14



**AT PLAY TOPIA,
YOUR CHILD IS
LOVED, VALUED
AND INSPIRED
EVERY DAY!** 

OUR PROMISE TO YOU

We promise a safe place, warm hearts, joyful learning and a foundation built on God's love. Thank you for trusting us with your most precious treasures!

TOGETHER WE PLAY. TOGETHER WE GROW. TOGETHER IN FAITH.





GROWING HEARTS MINDS AND FUTURES TOGETHER!

At Play Topia, we provide a loving, safe and stimulating environment where children can learn, play, discover and grow in every way.

We want to see your child become everything he or she is capable of! 

WHAT WE OFFER AT PLAY TOPIA

WE LOVE MUSIC!

Music is a part of our everyday routine.

Music helps children:

- Express themselves
- Build listening and concentration skills
- Develop memory and language
- Grow in confidence and joy

We sing, dance, move and make music together every single day!



SCHOOL READINESS

Preparing your child for a confident start and a bright future.

We help children develop:

- Independence
- Following instructions
- Problem solving
- Social and emotional skills
- Classroom routines
- A positive attitude toward learning



LANGUAGE DEVELOPMENT

Strong language skills help children express, understand and connect.

We focus on:

- Listening and speaking
- Building vocabulary
- Storytelling and rhymes
- Conversation skills
- Early writing and sound awareness



123 NUMERACY

Learning numbers and problem solving through fun, hands-on play.

We help children:

- Recognise numbers
- Count with confidence
- Understand shapes and patterns
- Sort, compare and classify
- Solve everyday problems

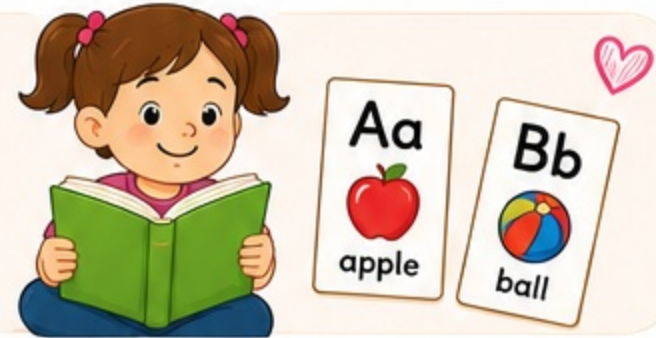


BASIC READING SKILLS

Building a strong foundation for a lifetime of learning.

We encourage children to:

- Recognise letters and sounds
- Blend sounds to make simple words
- Enjoy books and stories
- Develop early reading confidence
- Understand that print has meaning
- Love reading and learning!



EXTRA AT PLAY TOPIA



CHRISTIAN BASED
Jesus is at the centre of all we do.



FAMILY ORIENTATED
We are a family and we walk this journey together.



RESPECT & KINDNESS
Respect is part of our daily environment.



FUN BAKERSMAN FRIDAY
Baking, learning and making sweet memories!



FUN FILLED HOLIDAYS
Exciting holiday programmes full of adventure and fun!



WE BELIEVE IN YOUR CHILD'S POTENTIAL!

At Play Topia, we nurture every child's God-given potential through play, love, learning and purpose.

Together, we can help your child shine! 



KINDER KINETICS

• MOVE • PLAY • GROW •



WHAT IS KINDERKINETICS?

Kinderkinetics is a specialized field that focuses on the physical, motor, and overall development of children from birth to 13 years through scientifically designed movement and play activities. The aim is to improve children's movement skills, physical fitness, confidence, and school readiness while encouraging a lifelong love of physical activity.



ADVANTAGES OF KINDERKINETICS

- Improves gross and fine motor development.
- Builds confidence and self-esteem.
- Enhances balance, coordination, and agility.
- Strengthens muscles and improves posture.
- Supports healthy physical growth.
- Develops concentration and listening skills.
- Improves school readiness and learning abilities.
- Encourages problem-solving and creative thinking.
- Promotes healthy social interaction and teamwork.
- Helps children develop healthy exercise habits for life.
- Identifies and supports children with developmental or motor delays.
- Improves body awareness and movement control.
- Encourages independence and resilience.
- Makes exercise enjoyable through fun, play-based activities.



STRONG
BODIES
BRIGHT
FUTURES!



WHAT HAPPENS IN KINDERKINETICS?

Children participate in fun, age-appropriate activities that develop:

- Gross motor skills (running, jumping, hopping, balancing)
- Fine motor skills (hand control for writing and cutting)
- Balance and coordination
- Hand-eye and foot-eye coordination
- Strength and muscle tone
- Core stability and posture
- Body awareness and spatial awareness
- Rhythm and timing
- Agility and flexibility
- Social and teamwork skills



WHO CAN BENEFIT?

Kinderkinetics is suitable for:

- Babies and toddlers
- Preschool children
- Primary school children
- Children with developmental delays
- Children who struggle with coordination, balance, or motor skills
- Children who want to improve sporting abilities or overall fitness



WHY IS KINDERKINETICS IMPORTANT?

Early childhood is the ideal time to develop movement skills because the brain and body are rapidly growing. A strong foundation in movement helps children become more confident, active, healthy, and prepared for both school and everyday life.



MOVE
with fun



PLAY
with friends



GROW
strong



LEARN
for life



LOVE
being active

GROSS MOTOR ACTIVITIES

MOVE • PLAY • GROW



WHAT ARE GROSS MOTOR ACTIVITIES?

Gross motor activities are physical activities that help children develop the large muscles of the body, including the arms, legs, back, and core. These activities improve strength, balance, coordination, and overall movement skills, allowing children to perform everyday tasks confidently and safely.

Gross motor development is an essential part of early childhood as it forms the foundation for physical health, independence, sports participation, and school readiness.



BENEFITS OF GROSS MOTOR ACTIVITIES

- Develops strong muscles and bones.
- Improves balance and coordination.
- Enhances body awareness and posture.
- Strengthens the core muscles.
- Improves flexibility and agility.
- Develops hand-eye and foot-eye coordination.
- Builds confidence and independence.
- Supports healthy growth and physical fitness.
- Improves concentration and attention.
- Encourages teamwork and social interaction.
- Develops spatial awareness.
- Improves reaction time and movement control.
- Supports healthy heart and lung function.
- Helps maintain a healthy weight.
- Reduces stress and anxiety through active play.
- Improves school readiness.
- Encourages perseverance and resilience.
- Promotes a lifelong love of physical activity.



ACTIVE KIDS
HAPPY KIDS!



EXAMPLES OF GROSS MOTOR ACTIVITIES

- Running
- Jumping
- Hopping
- Skipping
- Climbing
- Crawling through tunnels
- Balancing on beams
- Throwing and catching balls
- Kicking balls
- Dancing
- Obstacle courses
- Riding tricycles and bicycles
- Scooter riding
- Bean bag games
- Hula hoop activities
- Relay races
- Parachute games
- Animal walks (bear walk, crab walk, frog jumps)
- Skipping rope
- Outdoor playground play



WHO CAN BENEFIT?

Gross motor activities are suitable for:

- Babies and toddlers
- Preschool children
- Primary school children
- Children with developmental delays
- Children who need to improve balance and coordination
- Children participating in sports
- Any child who enjoys active movement and outdoor play



WHY ARE GROSS MOTOR ACTIVITIES IMPORTANT?

Gross motor activities provide children with opportunities to move, explore, and build confidence in their physical abilities. As children strengthen their large muscles and improve coordination, they become more independent in everyday tasks such as walking, climbing stairs, dressing, carrying objects, and participating in games and sports. Regular gross motor play supports healthy physical, cognitive, emotional, and social development while encouraging children to stay active and enjoy movement throughout their lives.



STRONG BODY



BETTER BALANCE



MORE CONFIDENCE



SOCIAL SKILLS



HEALTHY FUTURE

SENSORY ACTIVITIES

EXPLORE • DISCOVER • GROW



WHAT ARE SENSORY ACTIVITIES?

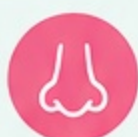
Sensory activities are fun, hands-on experiences that stimulate a child's senses and encourage learning through play. These activities help children explore and understand the world by engaging their five senses:



Sight
(seeing)



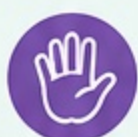
Hearing
(listening)



Smell
(smelling)



Taste
(tasting)



Touch
(feeling)

They also support two additional sensory systems:

- Vestibular System – balance and movement.
- Proprioceptive System – body awareness, muscle strength, and coordination.

Sensory play is an important part of early childhood development and helps children build essential skills while having fun.



BENEFITS OF SENSORY ACTIVITIES

- Develops fine and gross motor skills.
- Improves hand-eye coordination.
- Strengthens finger muscles for writing.
- Encourages problem-solving and critical thinking.
- Develops creativity and imagination.
- Supports language and communication development.
- Improves concentration and attention span.
- Promotes independent learning.
- Builds confidence and self-esteem.
- Helps children regulate their emotions.
- Encourages social interaction and teamwork.
- Develops body awareness and coordination.
- Supports brain development through hands-on experiences.
- Introduces early maths and science concepts.
- Encourages curiosity and exploration.
- Helps children become calm and relaxed.
- Supports children with sensory processing difficulties.
- Makes learning enjoyable through play.



PLAY WITH
YOUR SENSES,
LEARN FOR
LIFE!



EXAMPLES OF SENSORY ACTIVITIES

- Water play
- Sand play
- Playdough and clay
- Finger painting
- Rice, pasta or bean sensory bins
- Shaving foam play
- Slime or jelly play
- Nature walks and collecting leaves, sticks or stones
- Bubble play
- Music and movement
- Texture boards
- Scented playdough or painting
- Ice play
- Cooking and baking activities



WHO CAN BENEFIT?

Sensory activities are suitable for:

- Babies and toddlers
- Preschool children
- Primary school children
- Children with special educational needs
- Children with sensory processing challenges
- Any child who enjoys learning through exploration and play



WHY ARE SENSORY ACTIVITIES IMPORTANT?

Children learn best when they actively explore their environment. Sensory activities encourage children to use their senses to investigate, discover, create, and solve problems. These experiences build strong brain connections that support learning, emotional well-being, physical development, and school readiness. By providing regular sensory play opportunities, children develop confidence, independence, and a lifelong love of learning.



Builds
Brain Power



Supports
Well-being



Develops
Skills



Prepares for
School



Encourages a
Love of Learning

ART ACTIVITIES

CREATE • EXPRESS • INSPIRE



WHAT ARE ART ACTIVITIES?

Art activities are creative experiences that allow children to express their thoughts, feelings, and ideas using different materials, colours, and techniques. Through painting, drawing, crafting, and creating, children develop important developmental skills while exploring their imagination in a fun and meaningful way.

Art is not about creating a perfect masterpiece—it is about the process of exploring, experimenting, and expressing creativity.



BENEFITS OF ART ACTIVITIES

- Develops fine motor skills.
- Strengthens hand and finger muscles.
- Improves hand-eye coordination.
- Encourages creativity and imagination.
- Builds confidence and self-expression.
- Develops problem-solving and decision-making skills.
- Improves concentration and focus.
- Encourages independent thinking.
- Supports language development through discussion and storytelling.
- Promotes emotional expression and well-being.
- Develops patience and perseverance.
- Encourages planning and organisation.
- Introduces colours, shapes, patterns, and textures.
- Supports early maths concepts such as sorting, symmetry, and measuring.
- Encourages social interaction and teamwork during group projects.
- Improves school readiness.
- Develops appreciation for beauty and creativity.
- Makes learning fun and enjoyable.



EVERY CHILD IS AN ARTIST!



EXAMPLES OF ART ACTIVITIES

- Painting with brushes, sponges, or fingers
- Drawing with crayons, pencils, or chalk
- Colouring
- Cutting and pasting
- Collage making
- Paper tearing and sticking
- Playdough modelling
- Clay sculpting
- Nature art using leaves, flowers, and sticks
- Printing with potatoes, leaves, or sponges
- Bead threading
- Mosaic art
- Recycled art projects
- Handprint and footprint art
- Weaving and threading
- Mask making
- Seasonal and holiday crafts



WHO CAN BENEFIT?

- Babies and toddlers
- Preschool children
- Primary school children
- Children with special educational needs
- Children who enjoy creative expression
- Any child who loves exploring colours, textures, and different materials



WHY ARE ART ACTIVITIES IMPORTANT?

Art activities provide children with opportunities to create, explore, and communicate in unique ways. They help develop essential physical, cognitive, emotional, and social skills while encouraging imagination and self-confidence. Through creative play, children learn that there is no single "right" way to express themselves, fostering innovation, resilience, and a lifelong appreciation for creativity and learning.



Supports Brain Development



Builds Confidence



Encourages Expression



Inspires Creativity



Promotes Well-being

ELDAs

(EARLY LEARNING AND DEVELOPMENT AREAS)

CURRICULUM

PLAY • LEARN • GROW • SUCCEED

The ELDAs guide us in nurturing every child's potential through play, exploration and meaningful learning experiences.



WHAT ARE THE ELDAs CURRICULUM?

The ELDAs (Early Learning and Development Areas) form part of the South African National Curriculum Framework (NCF) for children from birth to four years. They provide a play-based approach to learning that supports the holistic development of every child by focusing on physical, emotional, social, cognitive, creative, and language development.

The ELDAs guide educators in planning meaningful learning experiences that prepare children for lifelong learning and school readiness.



THE SIX EARLY LEARNING AND DEVELOPMENT AREAS (ELDAs)

1 WELL-BEING

- Physical health and development
- Healthy eating habits
- Safety and hygiene
- Gross and fine motor skills
- Emotional well-being



2 IDENTITY AND BELONGING

- Self-confidence
- Self-awareness
- Independence
- Respect for others
- Family, culture, and community



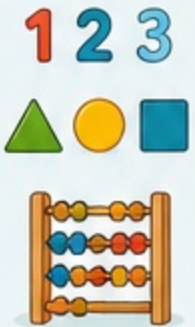
3 COMMUNICATION

- Listening and speaking
- Vocabulary development
- Storytelling
- Emergent reading
- Emergent writing



4 EXPLORING MATHEMATICS

- Counting and number concepts
- Shapes and patterns
- Sorting and classifying
- Measuring
- Problem-solving



5 CREATIVITY

- Art and crafts
- Music and movement
- Drama and role play
- Imaginative thinking
- Creative expression



6 KNOWLEDGE AND UNDERSTANDING OF THE WORLD

- Nature and science
- Animals and plants
- Weather and seasons
- Technology
- People, places, and the environment



BENEFITS OF THE ELDAs CURRICULUM

- Promotes holistic child development.
- Encourages learning through play.
- Supports school readiness.
- Develops confidence and independence.
- Builds language and communication skills.
- Encourages creativity and imagination.
- Develops early literacy and numeracy skills.
- Improves social and emotional development.
- Encourages problem-solving and critical thinking.
- Supports physical development and healthy lifestyles.
- Respects each child's individual pace of learning.
- Promotes inclusive learning for all children.
- Encourages active exploration and discovery.
- Builds positive relationships with others.
- Lays a strong foundation for lifelong learning.



WHO CAN BENEFIT?



Babies
(Birth–18 months)



Toddlers
(18 months–3 years)



Preschool children
(3–5 years)



Grade R learners



Parents and caregivers



ECD practitioners and teachers

STRONG STARTS, BRIGHT FUTURES!



WHY IS THE ELDAs CURRICULUM IMPORTANT?

The ELDAs Curriculum ensures that every child receives quality early learning experiences that support all areas of development. It encourages children to learn through play, exploration, and meaningful interactions while helping teachers create engaging activities that meet developmental milestones. By developing the whole child, the ELDAs lay a strong foundation for future academic success, healthy relationships, confidence, and lifelong learning.

